November	2009)
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November 2009					December 2009								
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1 8 15 22 29	2 9 16 23 30	3 10 17 24	4 11 18 25	5 12 19 26	6 13 20 27	7 14 21 28	6 13 20 27	7 14 21 28	1 8 15 22 29	2 9 16 23 30	3 10 17 24 31	4 11 18 25	5 12 19 26

Monday	Tuesday	Wednesday	Thursday	Friday
November 2	3	4	5	6
12:00pm COUNTRY STYLE BISCUIT & GRAVY, VEGETABLES, DESSERT, MILK	12:00pm HOME STYLE VEGETABLE SOUP, SANDWICH, DESSERT,MILK	12:00pm ASIAN CHOP SUEY,RICE, VEGETABLES, DESSERT,MILK	12:00pm DELICIOUS CHICKEN DIVIAN, ROLL, SALAD, DESSERT,MILK	12:00pm DOWN HOME MEATLOAF, COMPANY POTATOES, VEGETABLES, DESSERT, MILK
9	10	11		2 13
12:00pm DELUXE CHEESE BURGER, SWEET POTATO FRIES, VEGETABLES, DESSERT, MILK	12:00pm SUCCULENT BEEF ROAST,POTATOES, VEGETABLES, DESSERT,MILK	12:00pm ALL SITES CLOSED FOR VETERANS DAY!!!	12:00pm BAKED FISH, RICE PILAF, VEGETABLES, DESSERT, MILK	12:00pm SAVORY PORK ROAST, PARSLEY POTATOES, VEGETABLES, DESSERT, MILK
16		18	19	20
12:00pm FRENCH BREAD PIZZA, SALAD, DESSERT, MILK	12:00pm GLAZED HAM,SCALLOPED POTATOES, VEGETABLES, DESSERT, MILK	12:00pm LEMON BAKED CHICKEN BREAST,POTATOES, GRAVY,VEGETABLES DESSERT, MILK	12:00pm DELICIOUS CRAB SALAD, TOMATO WEDGES,ROLL, DESSERT, MILK	12:00pm ZESTY CHILI, SANDWICH, DESSERT, MILK
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12:00pm COOKS CHOICE	12:00pm TURKEY, STUFFING,GRAVY, VEGETABLES, CRANBERRIES, PUMPKIN PIE, MILK	12:00pm ALL SITES CLOSED FURLOUGH DAY	12:00pm ALL SITES CLOSED HAPPY THANKSGIVING!!!!!	12:00pm ALL SITES CLOSED
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12:00pm FLAVORFULL CHICKEN ALFREADO, VEGETABLES, DESSERT, MILK				

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Aging - Nutrition Site Menu

11/10/2009 12:16 PM